



Policy Title:	Pregnancy
Created/Revised:	December 2014
Approved:	
Summary:	The CSA recommends that any female athlete that is potentially pregnant does not participate in combat sport contests.
Policy Statement:	The policy outlines the Combat Sport Authority's (CSA) position in relation to pregnancy.
Background:	An objective of the <i>Combat Sports Act 2013</i> is to promote the health and safety of combat sport contestants.
Applicability:	Female combatants registered with the CSA.
Risk:	There are inherent risks involved in participation in combat sports. These risks extend to the health and safety of an unborn child should a female combatant participate whilst pregnant.
Action required:	A female combatant who is pregnant or believes she may be pregnant should cease participation in combat sports for the duration of the pregnancy and until she is cleared by her Doctor to return to the sport. If there is a chance of pregnancy, it is recommended that a pregnancy test is undertaken prior to participation in a combat sport contest, and if pregnant, the combatant should decline or withdraw from the contest.
Related documents:	Combat Sports Act 2013 Combat Sports Regulation 2014