



**SOUTH EAST & TABLELANDS**

SPORT AND ACTIVE RECREATION PLAN

2018 - 2023



# MINISTER'S MESSAGE

The South East and Tablelands region with its snowy mountains, surfing beaches, iconic rural hinterland and close connection with the sporting hub of Canberra is a great place to play sport and be active.

This is the first comprehensive Sport and Active Recreation Plan for the South East and Tablelands. It builds upon a strong base of existing mountain and coastal sporting events and activities and a vibrant community infrastructure of surf clubs, ski slopes, bush walking trails and cycle paths.

During the development of the plan, we heard from a wide cross section of community participants in the sport and active recreation sector who contributed their thoughts on enhancing active participation opportunities, attracting sporting events, designing sporting facilities including regional sporting hubs and creating integrated performance pathways for talented athletes. The core purpose of the plan is to provide a platform for collaboration and coordination between the organisations who contribute to the planning, investment and delivery of sport and active recreation in the South East and Tablelands Region. This Sport and Active Recreation Plan is complementary to the South East and Tablelands Regional Plan 2036 developed by the NSW Department of Planning and Environment. The broader Regional Plan proposes taking a new, cross border approach to infrastructure and servicing, aiming for a "connected and borderless Canberra region". It makes reference to the opportunity to capitalise on the many beaches between Batemans Bay and the Victorian border. Direction 22 commits to providing easy access to recreation areas and best practice design features which will integrate the planning for open space, public transport, walkways and cycleways.

This plan takes into account the opportunities provided by the strategic centres of Goulburn, Moss Vale, Batemans Bay, Queanbeyan, Cooma and Bega, and its network of regional towns as key places for sporting and active recreation activities to occur.

This plan also draws on the concepts being considered in the development of the National Sports Plan by the Australian Sports Commission. The National Sports Plan is built around the four pillars of participation, performance, preventive health and integrity, all of which are reflected in this plan. The plan has also benefited from input from peak bodies Sport NSW and Outdoors NSW.

This document sets out the vision, outcomes and strategies which will ensure the South East and Tablelands region provides increased sport and active recreation opportunities to enhance the lives of its people, as members of healthier, more active communities.

I encourage everyone in the South East and Tablelands to get behind this plan and benefit from the opportunities it promises.



**Stuart Ayres MP**  
Minister for Sport

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# A NEW WAY OF DELIVERING SPORT AND ACTIVE RECREATION IN REGIONAL NSW

In April 2017, the Office of Sport embarked on a project to review and renew the way that sport and active recreation is planned and delivered in regional NSW.

The project was established to directly contribute to the vision of the Office of Sport:

***“A vibrant and valued sport and active recreation sector that enhances the lives of the people of NSW.”***

The project started from the view that a new regional sport and active recreation model would take a more “place-based” rather than a “one size fits all” approach. The ten service delivery regions of NSW were used as a starting point to develop a specific plan for each region of NSW.

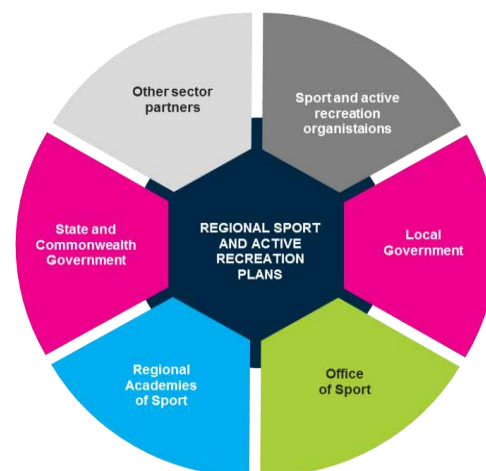
Initial concept testing was conducted with key partner groups in April, May and June 2017. One of the central concepts tested was a planning and delivery model which consisted of six partner groups collaborating together. The six partner groups are outlined in Figure 1.

In October 2017, representatives from the six partner groups gathered in each region to commence the process of creating a customised regionally specific plan for their region.

This document represents the beginning of a collaborative approach across the region to the planning and delivery of sport and active recreation. The Office of Sport will provide the necessary coordination to enable the collaboration demonstrated during the workshop to continue into the future.

The language of many of the strategies attempts to accurately reflect the discussions of the planning workshop. This plan has retained the actual wording presented by workshop participants, so does not use formal planning terminology.

Finally, the six partner groups agreed that this Sport and Active Recreation Plan is not “set and forget”. As the region continues to evolve over the next few years, so will this plan.



**Figure 1. Six Partner Group Model**



## ROLES OF THE SIX PARTNER GROUPS

### 1. SPORT AND ACTIVE RECREATION ORGANISATIONS

- Providing the sport's "best case" position on an optimised delivery environment for each region
- Contributing to the evidence base for sport and active recreation
- Collaborating with Government (Local, State and Commonwealth) to identify sporting infrastructure and program needs
- Contributing to the development of Regional Sport and Active Recreation Plans
- Aligning service delivery with the Regional Sport and Active Recreation Plans
- **Partners include:** State Sporting Organisations, Regional Sporting Associations, Local Clubs, Sport NSW, Outdoors NSW.

### 2. LOCAL GOVERNMENT

- Funding, providing and managing sport and active recreation infrastructure and programs in local communities
- Collaborating with the community to identify sporting infrastructure and program needs
- Incorporating sport and active recreation into Community Strategic Plans
- Contributing to the development of Regional Sport and Active Recreation Plans
- Aligning service delivery with the Regional Sport and Active Recreation Plans

### 3. REGIONAL ACADEMIES OF SPORT

- Delivering pre-elite sport programs across their region
- Collaborating with sports, other key community organisations and high performance system partners to optimise performance pathways

### 4. STATE AND COMMONWEALTH GOVERNMENT

- Providing the Office of Sport with relevant specialist advice and expertise
- Integrating sport and active recreation outcomes in agency planning
- **NSW Government partners include:** Departments of Industry, Premier and Cabinet, Health, Education, Family and Community Services, Planning and Environment, Destination NSW, Infrastructure NSW, Treasury, Office of Local Government.
- **Commonwealth Government partners include:** Australian Sports Commission, Department of Health.



## 5. NGOS AND OTHER PARTNERS

- Collaborating with sports and other stakeholders to promote sport and active recreation sector.
- Contributing to the evidence base for sport and active recreation
- Contributing to an evidence base for sport and active recreation
- Integrating sport and active recreation outcomes in their planning
- Providing the Office of Sport with relevant specialist advice and expertise
- Integrating sport and active recreation outcomes in their planning
- **Partners include:** Universities, TAFEs, Charity organisations, ClubsNSW, Volunteering NSW, PCYC, YMCA, parkrun Australia, Parks and Leisure Australia, Fitness Australia, and Event organisers.



## 6. OFFICE OF SPORT

### **Sport and Recreation Services Group**

- Lead implementation and activation of the Sport and Active Recreation Plans.
- Facilitating contemporary and relevant services
- Providing opportunities for life long sport and active recreation experiences (from first experience to high performance)
- Leading local coordination
- Fostering new local partnerships
- Optimising Sport and Recreation Centres for sport and active recreation outcomes
- Managing funding programs to support Regional Sport and Active Recreation Plans and their implementation

### **Sport Infrastructure Group**

- Identifying current and future requirements for infrastructure
- Planning of community sport infrastructure
- Master planning processes
- Project feasibility support and advice to government, state and local partners
- Developing standards for facilities planning and development
- Best practice research in land and community development, environmental sustainability and urban design

### **Sport Development Group**

- Capacity building for sport and active recreation organisations, including participation and inclusion strategies for under-represented groups
- Advice and strategies to support integrity in sport, including safeguarding children
- Support for and leveraging major sporting events
- Policy and strategy development, including building the evidence base for the value of sport and active recreation

## VISION FOR THE SOUTH EAST & TABLELANDS REGION\*



\*This vision was conceived and designed at the Regional Planning Day held on 25 October 2017.





# INPUTS INTO THE SOUTH EAST & TABLELANDS SPORT AND ACTIVE RECREATION PLAN

This plan reflects and builds on the outcomes of the regional planning day by incorporating other inputs as represented in Figure 2 below:



Figure 2. Inputs into plan



## OUTCOMES

After a series of consultation sessions in the region, six outcomes have been identified for the South East & Tablelands region:



### INCREASED PARTICIPATION

of adults and children in regular sport and active recreation.



### IMPROVED ACCESS

to sport and active recreation for everyone in the region, regardless of background or ability.



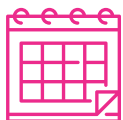
### INTEGRATED PERFORMANCE PATHWAYS

for participants in sport.



### FIT FOR PURPOSE FACILITIES

in the region.



### VALUED REGIONAL SPORTING EVENTS

which are valued by the region.



### EFFECTIVE COLLABORATION

within the sport and active recreation sector.



# LOCAL GOVERNMENT AREAS



# FEATURES OF THE SOUTH EAST & TABLELANDS REGION



**9** Local government areas,  
**6** regional centres and a network  
of vibrant rural towns



**Port of Eden** - on the only  
wilderness coastline in NSW



**Mount Kosciusko** – Australia's  
**highest mountain**, set in  
10,600km<sup>2</sup> of National Park



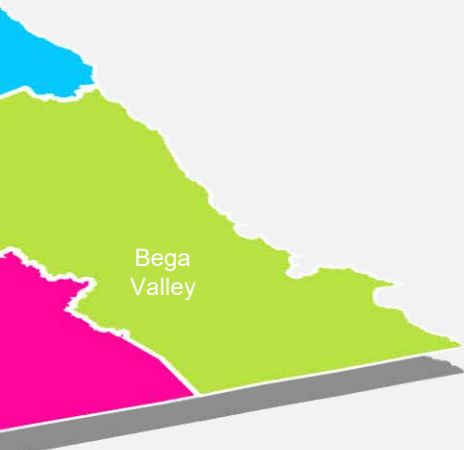
The Snowy Mountains  
**Hydro-Electric Scheme**



**The Bundian Way** – a  
365km pathway between  
the mountains and the sea



Producer of high quality  
**cheese** and **stone fruit**



Bega  
Valley



## OUTCOME 1 INCREASED PARTICIPATION

In order to achieve an increase in participation rates for adults and children in sport and active recreation, the following strategies will be explored.

Actions to support each strategy will be developed by working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### Strategy 1.1 – Develop a “Sport for life” initiative

- Sport and active recreation that suits people of all ages, meaning all family members can participate. The initiative helps sports to adapt and encourage parents to participate in sports whilst kids are playing. Good example is the Men and Women's AFL competitions happening at the same time. Another good example is the tennis “hotshots”, designed for children to play at the same time as their parents.

#### Strategy 1.2 – Develop a framework to increase participation in sport and active recreation

- Development of a framework that provides opportunities to participate in sport and active recreation (e.g. Park Run, Life Ball, AFL U9's and Hot Shots Tennis). Outcomes delivered could include increased participation with more flexible options for sports such as casual pay-as-you-go opportunities for participants.

### Strategies suggested from other inputs

#### Strategy 1.3 – Promote the Active Kids Voucher Program

- The Active Kids program provides a voucher of up to \$100 for parents / guardians / carers to contribute to the cost of their children's membership fees in approved sport and active recreation activities.

The program:

- A. supports increased

participation of school-enrolled children in sport and active recreation

- B. contributes to the delivery of the Premier's Priority to reduce childhood overweight and obesity by increasing physical activity levels in children
- C. aims to help change the physical activity behaviours of children and young people in NSW.

#### Strategy 1.4 – Plan for and promote child safe and child friendly environments

*Concepts to consider*

- Provide child safe training for coaches, officials and leaders of sport clubs and active recreation organisations and promote ways to actively seek feedback from children.
- Provide education and awareness to parents, carers and children on what to expect from activity leaders.



### **Strategy 1.5 – Support Councils to include and strengthen reference to sport and active recreation in their Community Strategic Plans (CSPs)**

#### *Concepts to consider*

- Convene a forum for Councils to share and compare their sport and active recreation strategies in CSPs.
- Consider initiatives which cross Local Government Area(LGA) borders to gain economies of scale.

### **Strategy 1.6 – Support State Sporting Organisations(SSO) to develop a regional participation strategy**

#### *Concepts to consider*

- Convene a forum for the five sports with highest participation to develop specific regional strategies.
- Engage with other SSOs with regard to regional strategies and learn from the experiences of those sports.

### **Strategy 1.7 –Attract and retain new Volunteers**

#### *Concepts to consider*

- Establish a partnership with the regional branch of

Volunteering NSW.

- Create a new style of volunteer incentive program based on loyalty points.
- Establish a partnership with Duke of Edinburgh's International Award units in the region to access award candidates as volunteers in sport and active recreation.

**Note:** The concept of an integrated insurance scheme to cover children participating in multiple sports was discussed and it was agreed that the Office of Sport would advocate for this at the national level.



## OUTCOME 2 IMPROVED ACCESS

In order to improve people's access to sport and active recreation in the South East and Tablelands region, regardless of their background or ability, the following strategies will be explored.

Actions to support each strategy will be developed by working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### Strategy 2.1 – Utilisation of schools

- Opening up schools for use outside of school hours (similar to what is done at the U.S. college system). This also provides an opportunity to improve the standard of facility quality if community assets are consolidated with schools.
- Convene an information session for primary and secondary school principals to discuss and agree on access possibilities.
- Connect with regional Department of Education staff to facilitate discussions with head office Department of Education decision makers.

- Outcomes delivered could include improved sustainability of facilities through joint funding between schools and local councils, and creating connections between schools and clubs to improve participation.

### Strategies suggested from other inputs

#### Strategy 2.2 – Explore options for shared transport to sport and active recreation activities

##### *Concepts to consider*

- Seek engagement with local transport providers to consider alternative services.
- Formalise car pooling arrangements through clubs and organisations.
- Access local council vehicles during non-peak use times.

#### Strategy 2.3 – Explore options for expanding walking and cycling trails

- Adopt the Neighbourhood Planning Principles to integrate walking and cycling networks into the design of new communities to encourage physical activity.



- Design new cycling and walking networks in order to provide equal access, shade, landscaping, seating, bubblers, rest points, signage, changes of surface treatments and end of trip facilities such as showers and lockers.
- Explore the use of non operational train lines as rails trails (Goulburn to Crookwell, Bungendore to Captains Flat).
- Continue development of the Bundian Way as a cultural walking trail linking the Snowy Mountains with Eden.

#### **Strategy 2.4 – Enhance the Jindabyne Sport and Recreation Centre as a place for children to experience sport and active recreation activities for the first time**

- Ensure all local schools are aware of opportunities for organised school activities at the Centre.
- Engage with local sporting clubs to offer training camps and outdoor activities for their junior members.
- Promote the range of active recreation opportunities to regional community groups.
- Raise awareness amongst community groups about the

facilities at Jindabyne.

- Encourage sport and active recreation providers to use Jindabyne as a venue for introducing new participants to their sport or activity.

#### **Strategy 2.5 – Provide support to under-represented groups to access sport and active recreation opportunities**

##### *Concepts to consider*

- Determine which groups are significantly under represented within the region.
- Identify organisations who can adequately represent the needs of Indigenous, Culturally and Linguistically Diverse (CALD) groups including other under-represented groups and communities.
- Modify facilities and programs to enable access for people with disabilities, seniors and other under-represented groups.
- Consider the priorities referred to in the Office of Sport's 2018-2022 Women in Sport Strategy as a guide for supporting under-represented groups.





**Strategy 2.6 – Develop a central information hub / clearinghouse / database / portal for all sporting organisations and participants**

*Concepts to consider*

- Seek expressions of interest from regional Information Technology providers to develop the hub.

**Strategy 2.7 – Support sport and active recreation clubs to attract new participants**

*Concepts to consider*

- Provide training and skill development in marketing and promotion.
- Conduct cross-sport member attraction programs for sports with complementary winter and summer seasons.

**Strategy 2.8 – Focus on people not currently participating in any form of sport and active recreation**

*Concepts to consider*

- Develop a regional communication strategy on the benefits of physical activity

- Engage local sporting heroes as ambassadors of sport and active recreation activities.
- Develop a “first-timers” incentive award scheme for individuals and sporting organisations.





## OUTCOME 3 INTEGRATED PERFORMANCE PATHWAYS

In order to build and maintain integrated performance pathways for participants in sport and active recreation the following strategies will be explored.

Actions to support each strategy will be developed by working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### Strategy 3.1 – High performance pathways

- Development of a framework that provides the opportunity to maximise athlete and coaching potential. The program could aim to fast track high performance coaches, work with State Sporting Organisations (SSOs) to help offer accreditation, and provide technical skills within the home environment to help athletes and coaches reach their potential.
- This may address issues such as the lack of both quality coaches and

opportunities for athletes within the region.

### Strategies suggested from other inputs

#### Strategy 3.2 – Embed the Foundation, Talent, Elite and Mastery (FTEM) pathway model established by the Australian Sports Commission in the region

##### *Concepts to consider*

- Promote the Australian Sport Commission's FTEM model of athlete development to athletes, parents, coaches and the wider community to assist athletes in the South East and Tablelands region to achieve their sporting goals.

#### Strategy 3.3 – Strengthen links between the South East Sports Academy and other sector partners

##### *Concepts to consider*

- Facilitate athlete pathway planning sessions to maximise the collaboration between sports, system partners and providers of services in the region.



### Strategy 3.4 – Improve coaching and officiating standards in the South East & Tablelands

#### *Concepts to consider*

- Improving the quality of coaching and officiating will positively impact participation and high performance in the region. While each sport owns its own accreditation programs an action plan to develop coaches and officials in the Region should be developed. It will involve consultation between the Office of Sport, the of Sport and State Sporting Organisations to ensure the plan best suits the region, has maximum impact and avoids duplication and date conflicts.

### PATHWAYS CASE STUDY

**Title:** South East Sports Academy

**Description:** South East Sports Academy is a new regional academy of sport in NSW that is being administered by the Office of Sport.

South East Sports Academy provides development opportunities for talented athletes and coaches in the South East area of NSW with the boundaries aligned with the Canberra Region Joint Organisation of Councils.

South East Sports Academy currently has six sport programs: AFL, basketball, cycling, golf, netball, and surfing. In addition to the sport programs, SESA administers an Individual Athlete Program and an Individual Coach Scholarship.

The sport programs provide coaching, training, competition and support services to assist athlete development.

**Partners:** SESA works closely with the Australian Institute of Sport, New South Wales Institute of Sport and ACT Academy of Sport as well as AFL NSW/ACT, Cycling NSW, Basketball NSW, Jack Newton Junior Golf, Netball NSW and Surfing NSW.

**Outcomes:** 110 athletes on scholarships and 14 individual coaching scholarships in 2018.



## OUTCOME 4 FIT FOR PURPOSE FACILITIES

In order to provide contemporary, fit for purpose facilities in the region, the following strategies will be explored.

Actions to support each strategy will be developed by working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### **Strategy 4.1 – Establish a Regional Sporting Hub in Jindabyne and explore locations for regional sub-hubs**

##### *Concepts to consider*

- Create multi-purpose facilities for sport and community purposes that will be accessible for the whole region.
- The location of the hubs should be determined by a collaborative approach and considered in the context of other community facilities and growth corridors.

#### **Strategy 4.2 – Develop a strategic infrastructure plan**

##### *Concepts to consider*

- Explore other locations for regionally significant sports facilities.
- Provide a range of sport and active recreation facilities that meet current and future demand and the needs of traditional and new sports. The types of facilities would be

expected to meet the needs of sports and Councils i.e. a range of national/state, regional, district/local and neighbourhood level facilities.

#### **Strategy 4.3 – Audit of current facilities**

- Identify gaps and future requirements through an audit of existing facilities. This could deliver a set of baseline data to help create any future plans that could address the needs of the sport and active recreation sector.
- Importantly, the professional athletes start their career at local clubs, and therefore there is an importance to continue to review and update these local facilities to keep them relevant, well used, and meeting current and changing needs of their local communities.

#### **Strategy 4.4 – Develop facilities for low-cost outdoor activities**

- Install non-age and non-gender specific facilities that encourage low-cost activities.
- This may reduce barriers around participation. Examples may include developing outdoor gyms, rail trails, bike paths, dog parks, walking or hiking trails, nature play and adventure parks.
- This initiative could help to reduce social isolation and address issues around access and cost to participation. It may also encourage broader community participation through active recreation.

#### **Strategies suggested from other inputs**

#### **Strategy 4.5 – Plan for female friendly sporting facilities**

##### *Concepts to consider*

- Seek input from female members of clubs and organisations about their needs and wishes.
- Include female friendly toilets and change rooms in every new sporting facility.

#### **Strategy 4.6 – Optimise and Modernise the Jindabyne Sport and Recreation Centre**

##### *Concepts to consider*

- Undertake a feasibility study to determine the optimal use of the Jindabyne site.
- Collaborate with Ski and Snowboard Australia and the Olympic Winter Institute of Australia.
- Consider the Centre as a Centre of Excellence for snow and adventure sports.





## HUBS – OVERVIEW

At a regional strategic level, the Office of Sport is proposing a sustainable network of regional level sport and recreation facilities that meet the needs of stakeholders and communities. This includes a model for regional sport hubs and/or regionally significant sport facilities (see Figure 3).

The planning for sport hubs supports local Councils and the sport sector aligning their objectives and priorities for a common purpose and vision. The planning also encourages stakeholders to identify priorities that focus on increasing participation, make a contribution to regional and economic growth, deliver sustainable assets that are well used and the design of 'facilities for all'.



## HUBS – FEATURES OF HUBS. A REGIONAL SPORT HUB MAY INCLUDE THE FOLLOWING FEATURES:

- a multi-sport facility, which may include a sport administration centre (e.g. Sports House) that supports participation at the community and pre-elite level.
- the capacity to host national, state and regional championships. The location of regional sport hubs may complement already established regionally significant sport facilities; that is, venues that are listed as Tier 3 facilities under the NSW Stadia Strategy (2012). There are 27 such facilities in NSW, with 11 in regional NSW.
- could include broader community facilities such as aquatic and fitness facilities and other types of development such as a school or tertiary institution
- a main site incorporating core sporting facilities and services, as well as supporting facilities and services.



## HUBS – SUPPORT FACILITIES

Support facilities that could be connected to the core facilities (on-site or nearby) include:

- Health and fitness facilities/services
- General health and fitness
- Sports science
- Other allied health services
- Education and training facilities/services
- Aquatic facilities
- Additional administration for all sport and other partners.



## SNAPSHOT OF THE 2017 SOUTH EAST & TABLELANDS FUTURE NEEDS OF SPORT INFRASTRUCTURE STUDY

8 of 9 Councils participated in the Future Needs of Sport Infrastructure Study 2017

97 facility projects were submitted by the 8 Councils

- 57 sport facility projects
- 40 active recreation facility projects

Of the 97 facility projects:

- 3 were for national/state level facilities
- 42 were for regional level facilities
- 42 were for local level facilities
- 10 were for a neighbourhood level facility

In addition, 13 State sporting organisations submitted 21 sport facility projects.





## REGIONALLY SIGNIFICANT SPORTS FACILITIES

A project is considered “regionally significant” if it meets the following broad facility criteria:

- is a sport or recreation facility of regional level significance to a State sporting organisation
- meets the standards required to host major regional, state or national level competitions, events and/or training
- provides a range of participation outcomes (community, competitions, events and talent development)
- caters for a broad catchment across multiple local government boundaries, and
- delivers flexibility of use, high quality amenity, management and service levels.



Figure 3 – Regional Sports HUB Model

# OUTCOME 5

## VALUED REGIONAL EVENTS

Hosting sports events can provide a broad range of economic, promotional and community benefits to a region. Events have the ability to provide participation opportunities for local residents, showcase regional communities, increase or develop civic pride, enhance high performance pathways, maximise utilisation of local sporting and cultural infrastructure and drive overnight visitation, delivering an economic boost to local businesses and community organisations. Local, state and national sporting organisations, councils, sponsors and the NSW Government and event management companies are all involved in the attraction and delivery of events to a region.

To ensure the benefits and legacy of hosting sports events are maximised, a collaborative approach should be employed, ensuring roles and responsibilities are clearly articulated and measures for success identified.

In order to attract and host valued events to the region, the following strategies will be explored.

Actions to support each strategy will be developed by

working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### Strategy 5.1 - Maintain and enhance existing successful sporting and active recreation events

- Events could include:
  - Winter Sports
  - Kanga Cup (Queanbeyan)
  - Indoor Hockey (Goulburn)
  - Champion of Champions Tennis Competition
  - Major swimming carnivals
  - Masters Events.

#### Strategy 5.2 - Showcase region through sports tourism

- Host multi-day events that target different age groups. Not only will this drive participation in the region, but it will attract a mass flow of tourism, generating great economic benefits.
- These events could remove the competition aspects out of sports to make it more about active recreation.
- Several examples include:

- Snowboard, skateboard, surfboard – a multi-sport, grassroots, mass participation event that is inclusive for both the community and visitors. The event would occur over multiple days/ weeks in different areas to bring people to different areas across the region.
- Mountain biking festival – leverage the growing interest in the sport, and existing infrastructure in the region to encourage healthy lifestyles.

#### Strategy 5.3 - Host adventure race/ multi-sport event

- This initiative can potentially serve as a pilot as part of a collaborative effort between sport and tourism, whereby the region can host a multi-day event near towns with a range of accommodation and tourism options.

## Strategies suggested from other inputs

### Strategy 5.4 - Work with key stakeholders on events activation and legacy planning

#### *Concepts to consider*

- Identify additional mass participation events which may be hosted by the region.
- Identify and bid for additional high profile (national or world championship) events that may be hosted by the region.
- Establish a regional partnership with the Destination Southern Network.

## EVENT CASE STUDY

**Title:** Yass Valley Touch Football Knockout

**Event Location:** Yass Valley

**Time of Year:** January

**Background Info:** Celebrating its 30th anniversary in 2018, the Yass Touch Knockout attracts over 100 teams and almost 1,200 competitors. The event takes place over the Australia Day long weekend, and has a combined prize pool of \$15,000.

**Approx. no. of participants:** 113 teams in 2018, almost 1,200 participants

**Other information:** The event attracts both domestic and international teams, with past participants originating from Australia, New Zealand, Japan, England and Singapore.

The event is hosted by Yass Touch Association and supported by NSW Touch Football.

# OUTCOME 6

## EFFECTIVE COLLABORATION

In order to facilitate collaboration within the Sport and Active Recreation sector, the following strategies will be explored.

Actions to support each strategy will be developed by working groups comprised of relevant stakeholders from the region.

### Strategies suggested at regional planning day workshop

#### Strategy 6.1 - Formalise structure of collaborative body

- The purpose of the collaborative body could be to set a direction for the region, which takes ownership and accountability of initiatives in sport.
- Outcomes delivered could include improved communication, increased transparency, the ability to develop new facilities and initiatives in a collaborative way, as well as support to achieving the regional vision and securing funding.

#### Strategy 6.2 – Transition volunteer roles into paid positions

- Transition volunteer roles into paid positions. This

could help to reduce the strain on volunteers, address the loss of talent and address the variability of administration that occurs in local clubs.

- Outcomes delivered could include alignment of local clubs with the vision and strategy of State sporting organisations, development of best practice, and improved productivity by creating a more skilled workforce.

#### Strategy 6.3 – Health links to funding

- Liaise with Department of Health to fund sport initiatives and invest in and promote prevention rather than a cure.
- The underlining premise is to formalise at the highest levels the direct health benefits and links between participation in sport and active recreation and health, whereby sport reduces the load on the health system. Also may involve investigating funding mechanisms.
- Outcomes delivered could include reduced strain on health industry, increased productivity and improved quality of life.

### REGIONAL PLANNING DAY SNAPSHOT

On 25 October 2017, 37 leaders from the community, sport and recreation organisations and groups, NSW Government, and local Councils from the South East & Tablelands region came together at the Queanbeyan Kangaroo Rugby League Football Club with the purpose of developing a first draft of sport and active recreation priorities for the region.

The day began with participants thinking about the unique character of the South East & Tablelands region, and its community, and to then work together to identify the opportunities and challenges for sport and active recreation from a number of perspectives.

The ideas discussed at the concluding event form the basis for this Sport and Active Recreation Plan. NSW Office of Sport will work closely with community leaders to continue and refine the plan and deliver on the suggested outcomes.

## COLLABORATION CASE STUDY

**Title:** Hartley Life Care Cycle Challenge 2017

**Description:** The 2017 Hartley Life Care Cycle Challenge saw 260 cyclists with 180 support crew ride from Canberra (ACT) to Charlotte Pass in the Snowy Mountains and then back to Canberra. The 450km ride is broken into three sections - first leg being from Canberra to Jindabyne, the second leg being a challenging hill climb from Jindabyne to Charlotte Pass with the cyclists returning to Canberra the following day. The Jindabyne Sport and Recreation Centre hosted the riders and support crews over four days.

**Partners:** The Jindabyne Sport and Recreation Centre works very closely with Hartley Life Care to host the four-day event.

**Outcomes:** The primary purpose of the event is to raise money. This year the event raised in excess of \$400,000 for Hartley Life Care to support their ongoing work in providing residential, respite and community programs.

**Innovation:** Jindabyne Centre's unique facilities in terms of variable accommodation, sporting facilities, auditorium space, catering capacity and staff allow us to support and accommodate large complex sporting based events.



# SUMMARY OF OUTCOMES AND STRATEGIES

It is not possible to address all of these strategies in five years. They provide a list of possibilities which can be prioritised by the Sport and Active Recreation Steering Group over the life of the plan.

<p>OUTCOME 1 <b>Increased Participation</b></p>	<p>OUTCOME 2 <b>Improved Access</b></p>	<p>OUTCOME 3 <b>Integrated Performance Pathways</b></p>
<p><a href="#">Strategy 1.1</a> - Develop a “Sport for life” initiative</p>	<p><a href="#">Strategy 2.1</a> – Utilisation of schools</p>	<p><a href="#">Strategy 3.1</a> - High performance pathways</p>
<p><a href="#">Strategy 1.2</a> - Develop a framework to increase participation in sport and active recreation</p>	<p><a href="#">Strategy 2.2</a> - Explore options for shared transport to sport and active recreation activities</p>	<p><a href="#">Strategy 3.2</a> - Embed the Foundation, Talent, Elite and Mastery (FTEM) pathway model established by the Australian Sports Commission in the region</p>
<p><a href="#">Strategy 1.3</a> - Promote the Active Kids Voucher Program</p>	<p><a href="#">Strategy 2.3</a> – Explore options for expanding walking and cycling trails</p>	<p><a href="#">Strategy 3.3</a> - Strengthen links between the South East Sports Academy and other sector partners</p>
<p><a href="#">Strategy 1.4</a> - Plan for and promote child safe and child friendly environments</p>	<p><a href="#">Strategy 2.4</a> - Enhance the Jindabyne Sport and Recreation Centre as a place for children to experience sport and active recreation activities for the first time</p>	<p><a href="#">Strategy 3.4</a> - Improve coaching and officiating standards in the South East &amp; Tablelands</p>
<p><a href="#">Strategy 1.5</a> - Support Councils to include and strengthen reference to sport and active recreation in their Community Strategic Plans (CSPs)</p>	<p><a href="#">Strategy 2.5</a> - Provide support to under-represented groups to access sport and active recreation opportunities</p>	
<p><a href="#">Strategy 1.6</a> - Support State Sporting Organisations to develop a regional participation strategy</p>	<p><a href="#">Strategy 2.6</a> - Develop a central information hub / clearinghouse / database / portal for all sporting organisations and participants</p>	
<p><a href="#">Strategy 1.7</a> - Attract and retain new volunteers</p>	<p><a href="#">Strategy 2.7</a> - Support sport and active recreation clubs to attract new participants</p>	
	<p>Strategy 2.8 - Focus on people not currently participating in any form of sport and active recreation</p>	

OUTCOME 4  
**Fit for  
Purpose  
Facilities**

[Strategy 4.1](#) - Establish a Regional Sporting Hub in Jindabyne and explore locations for regional sub-hubs

[Strategy 4.2](#) - Develop a strategic infrastructure plan

[Strategy 4.3](#) - Audit of current facilities

[Strategy 4.4](#) - Develop facilities for low-cost outdoor activities

[Strategy 4.5](#) - Plan for female friendly sporting facilities

[Strategy 4.6](#) - Optimise and Modernise the Jindabyne Sport and Recreation Centre

OUTCOME 5  
**Valued  
Regional  
Events**

[Strategy 5.1](#) - Maintain and enhance existing successful sporting and active recreation events

[Strategy 5.2](#) - Showcase region through sports tourism

[Strategy 5.3](#) - Host adventure race/ multi-sport event

[Strategy 5.4](#) – Work with key stakeholders on events activation and legacy planning

OUTCOME 6  
**Effective  
Collaboration**

[Strategy 6.1](#) - Formalise structure of collaborative body

[Strategy 6.2](#) - Transition volunteer roles into paid positions

[Strategy 6.3](#) - Health links to funding



## DELIVERING THE PLAN

As this is the first Sport and Active Recreation Plan, it is anticipated that responsibilities for driving and delivering the plan will evolve over time.

As a starting point, a **Sport and Active Recreation Steering Group** will be convened by the Office of Sport. It is envisaged that the Group will consist of the following members:

**Chair:** Regional Director, Southern Regions (Office of Sport)

**Members:** Director South East and Tablelands Region, Department of Premier and Cabinet  
Executive Officer, South East Sports Academy CEO Sport NSW (or nominated sport representative)  
Local Councils representative  
Destination NSW representative  
Regional Manager, South East & Tablelands (Office of Sport)

**Secretariat:** Office of Sport

**Working groups** will be established to pursue outcomes for specific strategies outlined in this plan.

**An Evaluation Process and Reporting Framework** will be considered during the first year of this plan.





## REVIEWING THE PLAN

The plan will be reviewed annually by the Sport and Active Recreation Steering Group through an Annual Report.

A revised plan for 2019 will be developed following the review of the 2018 plan.

The 2018 Report and 2019 Plan will be provided to the NSW Minister for Sport, CE of the Office of Sport and Chair of the Regional Leadership Executive Group convened by the Department of Premier and Cabinet.





## **ADDITIONAL RESOURCES FOR SPORT AND ACTIVE RECREATION Steering Group**


### **Resources**


- NSW Office of Sport's 2017-2022 Disability Inclusion Plan
- NSW Office of Sport's 2018-2022 Women in Sport Strategy
- NSW Office of Sport's 2018-2022 Multicultural Inclusion Plan
- Multicultural NSW's Community Profiles
- Transport Roads and Maritime Walking Regularly Programs
- NSW Department of Planning and Environment South East & Tablelands Regional Plan






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### Jindabyne Sport and Recreation Centre

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***The Office of Sport would like to acknowledge and thank all sector partners and members of the community that provided input into the development of this sport and active recreation plan.***